

110 400m Freestyle Women Multi-Cl...

Official

S14 S14 NZR 5:27.53 Jane Fox
NZR 2019-09-21

16/U 16/U S8 NZR 6:02.69 Olivia Upston
S8 2015-08-12

S9 S9 NZR 5:08.96 Ella Benn
NZR 2020-08-09

☰ Entries

☰ Heats

Total

Rank	Competitor	Age	Club	RT	WPS	Result
1	 Donoghue ...	S18 36	 Hamilton Aq...			7:30.39 Entry: 7:13.21 (+ 17.18)
	25m: 22.99	50m: 49.37 (26.38)				
	75m: 1:16.79 (27.42)	100m: 1:44.66 (27.87)				
	125m: 2:13.03 (28.37)	150m: 2:41.69 (28.66)				
	175m: 3:10.80 (29.11)	200m: 3:40.30 (29.50)				
	225m: 4:10.15 (29.85)	250m: 4:39.83 (29.68)				
	275m: 5:09.01 (29.18)	300m: 5:38.44 (29.43)				
	325m: 6:07.16 (28.72)	350m: 6:35.97 (28.81)				
	375m: 7:03.80 (27.83)	400m: 7:30.39 (26.59)				
1	 Benn Ella	S9 19	 Selwyn Swi...	+0.87	1095	5:10.74 Entry: 5:01.34 (+ 9.4)
	25m: 16.50	50m: 34.63 (18.13)				
	75m: 53.47 (18.84)	100m: 1:12.46 (18.99)				
	125m: 1:31.83 (19.37)	150m: 1:51.29 (19.46)				
	175m: 2:11.28 (19.99)	200m: 2:31.11 (19.83)				
	225m: 2:51.02 (19.91)	250m: 3:10.85 (19.83)				
	275m: 3:30.75 (19.90)	300m: 3:50.58 (19.83)				
	325m: 4:10.90 (20.32)	350m: 4:31.04 (20.14)				
	375m: 4:51.48 (20.44)	400m: 5:10.74 (19.26)				
2	 Sayer Rylee	S14 14	 Matamata ...	+0.87	928	5:36.40 Entry: 5:28.35 (+ 8.05)
	25m: 18.04	50m: 38.41 (20.37)				
	75m: 58.95 (20.54)	100m: 1:20.13 (21.18)				
	125m: 1:41.81 (21.68)	150m: 2:03.53 (21.72)				
	175m: 2:24.96 (21.43)	200m: 2:46.89 (21.93)				
	225m: 3:08.54 (21.65)	250m: 3:30.62 (22.08)				
	275m: 3:52.05 (21.43)	300m: 4:13.35 (21.30)				
	325m: 4:34.81 (21.46)	350m: 4:56.70 (21.89)				
	375m: 5:17.23 (20.53)	400m: 5:36.40 (19.17)				
3	 Proudfoot A...	S8 15	 Aquagym S...		507	7:00.05 Entry: 7:06.82 (- 6.77)
	25m: 22.69	50m: 46.17 (23.48)				
	75m: 1:11.50 (25.33)	100m: 1:37.08 (25.58)				
	125m: 2:03.83 (26.75)	150m: 2:30.51 (26.68)				
	175m: 2:57.69 (27.18)	200m: 3:24.64 (26.95)				
	225m: 3:52.28 (27.64)	250m: 4:19.82 (27.54)				
	275m: 4:47.84 (28.02)	300m: 5:15.52 (27.68)				
	325m: 5:42.00 (26.48)	350m: 6:09.04 (27.04)				
	375m: 6:36.19 (27.15)	400m: 7:00.05 (23.86)				
4	 Anderson B...	S8 18	 Orca Swim...		459	7:06.44 Entry: 7:20.66 (- 14.22)
	25m: 20.36	50m: 43.47 (23.11)				

75m: 1:08.79 (25.32)	100m: 1:35.04 (26.25)
125m: 2:01.75 (26.71)	150m: 2:28.68 (26.93)
175m: 2:55.93 (27.25)	200m: 3:23.52 (27.59)
225m: 3:51.07 (27.55)	250m: 4:19.05 (27.98)
275m: 4:46.83 (27.78)	300m: 5:15.11 (28.28)
325m: 5:43.20 (28.09)	350m: 6:11.45 (28.25)
375m: 6:39.19 (27.74)	400m: 7:06.44 (27.25)